

Quantum Leap Coaching Book List

1/09/12

NEW BOOKS to Recommend from January 2012

Little Princes: One Man's Promise to Bring Home the Lost Children- Conor Grennan
The Element-Ken Robinson, PhD
The Alchemist-Paulo Coelo
The Golden Motorcycle Gang-Jack Canfield
Transcendence-Norman Rosenthal
Leveraging the Universe-Mike Dooley
The Happiness Project-Gretchen Rubin
Secrets to the Millionaire Mind-T Harv Eker
The Great Failure-Natalie Goldberg

Life Purpose & Paradigm Shift in Beliefs

- 1) Happy For No Reason-*Marci Shimoff*
- 2) A Thousand Names for Joy-*Byron Katie*
- 3) Inspiration- *Wayne Dyer*
- 4) The Art of Possibilities- *Rosamund and Benjamin Zander*
- 5) This Time I Dance-*Tama Kieves*
- 6) Power vs. Force- *David Hawkins*
- 7) Synchronicity-*Joe Jaworski*
- 8) Same Soul, Many Bodies- *Brian Weiss*
- 9) Messages from the Masters- *Brian Weiss*
- 10) When the Heart Waits, Spiritual Direction for Life's Sacred Questions-*Sue Monk Kidd*
- 11) Count Your Blessings- *Dr. John De Martini*
- 12) The Breakthrough Experience- *Dr. John De Martini*
- 13) Five Wishes-*How Answering One Simple Question Can Make Your Dreams Come True-Gay Hendricks*
- 14) The Passion Test-*Janet and Chris Attwood*
- 15) Smile for No Good Reason- *Lee Jampolsky*
- 16) A Complaint Free World- *Take the 21 Day Challenge- Will Bowen*
- 17) The Fifth Agreement- *Don Miguel Ruiz and Don Jose Ruiz*
- 18) Love for No Reason- *Marci Shimoff NEW*

Law of Attraction

- 19) The Vortex- by *Jerry and Esther Hicks*
- 20) Ask & It Is Given- *Esther & Jerry Hicks*
- 21) The Amazing Power of Deliberate Intent- *Esther & Jerry Hicks*
- 22) Law of Attraction- *Esther & Jerry Hicks*
- 23) The Power of Emotions- *Esther & Jerry Hicks*
- 24) Money and the Law of Attraction- *Esther & Jerry Hicks*

- 25) The Science of Success-*James A. Ray*
- 26) Practical Spirituality-*James A. Ray*
- 27) Harmonic Wealth-*James A. Ray*
- 28) The Key-*Joe Vitale*
- 29) The Secret-*Rhonda Byrne*
- 30) Attractor Factor- *Joe Vitale*
- 31) Jack Canfield's Key to the Law of Attraction- *Jack Canfield*
- 32) Happier Than God- *Neal Donald Walsch*
- 33) Expect Miracles- *Joe Vitale*
- 34) The Soulmate Secret-*Manifest the Love of Your Life with the Law of Attraction-Arielle Ford*
- 35) No Matter What-*9 Steps to Living the Life you Love-Lisa Nichols*

Science and Spirituality

- 36) Spontaneous Evolution- *Bruce Lipton & Steve Bhaerman*
- 37) Biology of Beliefs- *Bruce Lipton*
- 38) Everything You Need to Know to Feel Go(o)d-*Candace Pert*
- 39) Living in the Heart- *Drunvalo Melchizedek*
- 40) Serpent of Light Beyond 2012- *Drunvalo Melchizedek*
- 41) A Stroke of Insight, A Brain Scientist's Personal Journey- *Jill Bolte Taylor*
- 42) The Intention Experiment-*Lynn McTaggart*
- 43) Positivity- *Barbara L. Fredrickson*
- 44) Buddha's Brain- *Rick Hanson NEW*

Shadow Work

- 45) The Dark Side of the Light Chasers- *Debbie Ford*
- 46) The Secret of the Shadow- *Debbie Ford*
- 47) Why Good People Do Bad Things-*Debbie Ford*
- 48) Owning Your Own Shadow-*Robert Johnson*
- 49) Meeting the Shadow-*Connie Zweig & Jeremiah Abrams*
- 50) The Shadow Effect- *Deepak Chopra, Debbie Ford, Marianne Williamson NEW*

Spiritual Awareness

- 51) In The Heart of The World-*Mother Teresa*
- 52) The Diamond in Your Pocket- *Gangaji*
- 53) Life is Beautiful-*M.P . Pandit*
- 54) The Yoga Sutras of Pantanjali-*Alistair Shearer*
- 55) Open Mind, Clear Heart-*Thubten Chodron*
- 56) The Four Agreements- *Don Miguel Ruiz*
- 57) Voice of Knowledge- *Don Miguel Ruiz*
- 58) Racing Along the Razor's Edge- *Swami Ramakrishnananda Puri*
- 59) The Blessed Life-*Swami Ramakrishnananda Puri*
- 60) Power Within- *Sri Aurobindo*
- 61) Power of Now- *Eckert Tolle*
- 62) The New Earth- *Eckert Tolle*
- 63) The New Meditation Handbook- *Geshe Kelsang Gyatso*

- 64) Meditation Handbook- *Geshe Kelsang Gyatso*
- 65) Translucent Revolution- *Arjuna Ardagh*
- 66) The Heart of the Soul- *Gary Zukav & Linda Francis*
- 67) Spiritual Growth-*Sanaya Roman*
- 68) Second Sight- *Judith Orloff*
- 69) Talking to Heaven-*James Van Praagh*
- 70) The Flowers of Wiricuta-A Journey to Shamanic Power with the Huichol Indians of Mexico- *Tom Pinkson, PhD*
- 71) Living with Joy-*Sanaya Roman*
- 72) Spiritual Growth-*Sanaya Roman*
- 73) Soul Love-*Sanaya Roman*
- 74) Awake in the Wild-*Mark Coleman*
- 75) Spiritual Liberation-*Michael Beckwith*
- 76) Making the Gods Work For You- *Caroline Casey*
- 77) The Fifth Agreement- *Jose Don Ruiz*

Inspirational Stories

- 78) Left To Tell-*Immaculee Ilibagiza*
- 79) Three Cups of Tea: One Man's Mission to Promote Peace- *Greg Mortenson & David Oliver Relin*
- 80) Eat, Pray, Love-*Elizabeth Gilbert*
- 81) The Red Book- *Sera Beak*
- 82) Wild Steps of Heaven-*Victor Villasenor* (any of his books!)
- 83) FoolsGold-Making Something From Nothing-*Susan Wooldridge*
- 84) Stones to Schools- *Greg Mortensen* **NEW**

Compassionate Listening

- 85) The Human Situation- *Harvey Jackins*
- 86) Nonviolent Communication- *Marshall Rosenberg*
- 87) Biospirituality-*Peter Campbell & Ed McMahon*
- 88) Fierce Conversations-*Susan Scott*
- 89) Who Would You Be Without Your Story? – *Byron Katie*
Wisdom and Aging
- 90) The Second Half of Life-*Angeles Arrien*
- 91) A Year to Live-*Stephen and Ondrea Levine*
- 92) Still Here- *Ram Dass*
- 93) Broken Open- *Elizabeth Lesser*
- 94) The Age of Miracles, *Embracing the New Midlife*-*Marianne Williamson*
- 95) Midlife Mavericks-*Karen Blue* 96) Crossing Over-*John Edward*
Relationships 95) Waking Up Together- *Ellen & Charles Bix*
- 96) Loving What Is- *Byron Katie*
- 97) I Need Your Love-Is That True?-*Byron Katie*
- 98) From Sex to Superconsciousness- *Osho*
- 99) Sacred Contracts- *Carolyn Myss*
- 100) The Blue Flame -*David Deida*

- 101) *Undefended Love- Jett Psaris & Marlena Lyons*
 102) *101 Things I Wish I Knew When I Got Married: Simple Lessons to Make Love Last-Charlie and Linda Bloom*
 103) *The World is a Waiting Lover- Trebble Johnson*
 104) *Enchanted Love, The Mystical Power of Intimate Relationships-Marianne Williamson NEW*
 105) *The Five Love Languages- Gary Chapman NEW Money*
 106) *The One Minute Millionaire- Mark Victor Hansen & Robert Allen*
 107) *Money Magic-Deborah Price*
 108) *Your Money or Your Life- Joe Domingus & Vicki Robins*
 109) *The Success Principles- Jack Canfield*
 110) *Think and Grow Rich-Napoleon Hill*
 111) *Busting Loose from the Money Game-Robert Scheinfeld*
 112) *The Soul of Money- Lynn Twist*

Energy Healing

- 114) *Divine Intuition- Lynn A. Robinson*
 115) *The Sanctuary- Stephan Lewis & Evan Slawson*
 116) *Emotional Freedom Technique-Gary Craig*
 117) *Matrix Energetics-Richard Bartlett*
 118) *Your Personality, Your Health-Carol Ritberger*
 119) *The Reconnection- Dr. Eric Pearl*
 120) *Zero Limits- Joe Vitale*

Shamanic Wisdom

- 121) *Sacred Journey of the Peaceful Warrior- Dan Millman*
 122) *Spirit Walker- Hank Wessleman*
 123) *Medicine Maker- Hank Wessleman*
 124) *Vision Seeker- Hank Wessleman*
 125) *The Four-Fold Way-Angeles Arrien*
 126) *Rain of Gold-Victor Villasenor*
 127) *Thirteen Senses- Victor Villasenor*
 128) *Crazyloco Love- Victor Villasenor*
 129) *Coyote Medicine- Lewis Mehl-Madrone*
Leadership and Organizational Empowerment
 130) *Success Built to Last- Porras, Emery, & Thompson*
 131) *The Answer- John Assaraf & Murray Smith*
 132) *Radical Leap- Steve Farber*
 133) *Radical Edge-Steve Farber*
 134) *Synchronicity- The Inner Path of Leadership- Joseph Jaworski*
 135) *The Leader Who Had No Title- Robin Sharma NEW*
 136) *Business Stripped Bare- Richard Branson*
 137) *Delivering Happiness, A Path to Profits, Passion, and Purpose, Tony Hsieh NEW*

Poetry

- 138) The Way of Love-Anthony De Mello
- 139) Rumi
- 140) Hafiz

Movies

- 141) The YES Man
- 142) The Secret
- 143) Now and Forever
- 144) Fierce Grace- Ram Dass
- 145) What the BleepDo Y ou Know
- 146) Emmanuel' s Gift
- 147) The Peaceful Warrior
- 148) Martian Child
- 149) Ratatouille
- 150) The Bucket List
- 151) Ground Hog Day
- 152) August Rush 153) Powder
- 154) The Matrix
- 155) Dreamer
- 156) www.spiritualcinema.com
- 157) The Blind Side
- 158) Invictus
- 159) The Shadow Effect
- 160) One Peace At a Time
- 161) Saint Ralph *NEW*
- 162) Kings Speech *NEW*

Magazines

- 163) Pure Inspiration
- 164) Spirituality & Health
- 165) Science of Mind
- 166) YES! Magazine

Meditation Applications (for your iPod Touch or iPhone)

- 167) Buddha Box
- 168) Singing Bowls